

Before the TED Talk

Before you watch, tell me what “grit” means to you. (Have you ever heard someone use that word to describe you or someone else? If not, what do you think it means when someone describes another person as having “grit”?)

Read the questions below before you watch the video. Once you've read all the questions, begin the video.

DURING the TED Talk

What is the title of this TED Talk?

Who is the speaker?

What are her credentials?

What is the topic of this TED Talk?

You were asked to define grit before you started the video. How does the speaker define grit?

What does the speaker say about grit vs. intelligence?

The speaker cites research conducted on the topic of grit in her talk. Choose one example from the video and summarize the research findings.

According to the speaker, is it possible to learn “grit”? What does the speaker say about learning and/or building grit?

What is “growth mindset”?

Do you agree with the argument presented in this **TED** talk? Explain.

What questions and/or concerns do you have about this **TED** talk?

1)

2)

Explore others' criticism of the speaker's premise on the topic of grit. Why are some scholars calling into question her premise? Look online for examples. Briefly summarize one example here:

Who do you think would most benefit from this TED Talk?  
Why?

# After the TED Talk

Do you think you have “grit”? Why or why not?

Think of someone you know who has “grit.” Briefly describe a situation in which this person exhibited “grit.”

When you finish the video and questions, please take this brief Grit Quiz.

[https://sasupenn.qualtrics.com/jfe/form/SV\\_06f6QSOS2pZW9qR](https://sasupenn.qualtrics.com/jfe/form/SV_06f6QSOS2pZW9qR)

What was your “grit” score? \_\_\_\_\_ Did you score above, below, or right where you expected? Explain.

Want to learn more about “grit”?

Check out this video:

<https://www.youtube.com/watch?v=sWctLEdlgi4>

